

OM tryambhakam nam yajamahe sugandim pushtivardhanam
Urvarukamiva bandhanat mrutyor mkshiyamamrutat

OM sarvesam svastir bhavatu
Sarvesam shantir bhavatu
Sarvesam purnam bhavatu
Sarvesam mangalam bhavatu

Sarve bhavantu sukhinah
Sarve santhu niramayah
Sarve bhadrani pashyantu
Makashchid dukhabagabhavet
OM shanti shanti shanti*

May every living being our minds as one and radiant with light,
share the fruits of peace our hearts of goodness luminous and bright.
If people hear and see how hearts and hands can find, in giving, unity,
may their minds awake to great compassion, wisdom and to joy.

May goodness find reward; may all who sorrow leave their grief and pain.
May this boundless light dispel the darkness of their endless night.
Because our hearts are one, this world of pain turns into paradise.
May all become compassionate and wise!

translated from the Chinese by the Rev. Heng Sure

**We worship the true God who is the Supreme Being,
Who is fragrant, and who nourishes all beings;
May that One liberate us from death, for the sake of immortality.
(Even as a cucumber is severed from its bondage.)
May it be well with everyone!
May all be at peace!
May all be contented!
May all be prosperous!
May all be happy!
May all be free from illness!
May all see good things!
May none be unhappy!*