

16. (*Gaayatri mantra*)  
OM bhoor bhuvah svah  
tat savitur varenyam  
bhargo devasya dheemahi  
dhiyo yo nah prachodyaat

*Let us meditate on the glorious splendor  
of the Divine Light,  
and may that Light enlighten our  
meditation.*

(alternate version of *OM Bhur bhua  
mantra*)

16b. Come, let us meditate  
on the radiant splendor of the Light  
Divine.  
And may that Holy Light  
illuminate our meditation.

17.  
Lokaah samasthaah sukhino  
bhavantu.

*May all the world be happy.*

18. Asato maa sad gamaya  
tamaso maa jyotir gamaya  
Mrityor maa amritam gamaya

*From the unreal lead me to the real.  
From darkness lead me to light.  
From death lead me to immortality.*

(alternate version of *Asato ma...  
mantra*)

18b. Lead me from death into life.  
Lead me from falsehood to truth.  
Lead me to hope from despair.  
Lead me from hatred to love.  
Lead me from war into peace.  
Lead from me death into life.  
Let peace fill our hearts, our world,  
and our universe.

19. Poornamadah, poornamidam,  
Poornaat poornam udachyate,  
Poornasya, poornam aadaaya,  
Poornamevaavashishyate.

*That is full, this is full,  
From fullness, fullness proceeds,  
Removing fullness from fullness,  
fullness alone remains.*

OM shaantih, shaantih, shaantih

20. (midday hymn)  
Om Jagadeeshvara sadaapi  
chinmaya  
Jagadeeshvara vande (2X)  
Om parapoojita paraaparaatmaa,  
paraaparaatmaa  
Anavaaratam vande! (3X)  
Om Jagadeeshvara sadaapi  
chinmaya  
Jagadeeshvara vande  
Jagadeeshvara vande

*Lord of the Universe, O eternal  
consciousness,, I bow to you, Most Holy,  
O Supreme Spirit, forever and ever I  
bow to you.*

21. (evening hymn)  
Vande Sacchidaananda—vande.  
Vande Sacchidaananda—vande.  
Bhogi laanchita, yogi vaanchita  
charamapadam.  
Vande, vande, vande,  
sacchidaanandam.  
Vande, vande, sacchidaanandam.  
Parama puraana paraatparam  
poornam akhanda paraavaram (2X)  
Trisanga shuddam  
asanga buddham  
doorvedam vande.  
Vande Sacchidaananda—vande.  
Vande Sacchidaananda—vande.

*Glory to Saacidananda (the existent-  
knowing-blissful One), the furthest  
goal, despised by the world, longed for  
by saints, the Almighty, the ancient, the  
fullness, the undivided, higher than the  
highest, the far and the near, related  
within, pure and unrelated without, the  
aware, whom intellect scarce can reach.  
Glory to Saccidananda!*